



# CHESHIRE JETS BASKETBALL CAMP 2011 APPLICATION FORM

Return form to: Mrs N Gardner, 6 Brackendale, Elton, Chester CH2 4PH Telephone 01928 725357

Name: .....  Male  Female

Address: .....  
.....  
..... Postcode: .....

Home Telephone No: ..... Mobile No: .....

Date of Birth:  /  /  Height: FT  IN

## ENROLMENT

Complete this application form and send it with £50 deposit or full amount to the above address. Please make cheques payable to: 'JETS FOUNDATION' Please tick box indicating your choice. Confirmation will be sent to every camper on receipt of your deposit.

**For those paying deposit the final balance should reach us NO LATER THAN 1st July 2011.**

NON-RESIDENTIAL <input checked="" type="checkbox"/>			
<b>Junior</b>	£99	Mon to Thur 9am - 4pm & Fri 9am - 2pm	Lunch provided <input type="checkbox"/>
<b>Junior Plus</b>	£169	Sun 2pm - 9pm, Mon to Thur 9am - 9pm & Fri 9am - 2pm	Lunch and evening meal provided <input type="checkbox"/>
<b>Regular</b> <i>(Intermediate, Senior &amp; Big Man)</i>	£189	Sun 2pm - 9pm, Mon to Thur 9am - 9pm & Fri 9am - 2pm	Lunch and evening meal provided <input type="checkbox"/>
RESIDENTIAL <input checked="" type="checkbox"/>			
<b>Regular</b> <i>(Intermediate, Senior &amp; Big Man)</i>	£269	Sun 2pm to Fri 2pm	3 meals a day and accommodation <input type="checkbox"/>

If arriving by train or bus please collect from .....

Time: ..... Date: .....

## PARENTS DECLARATION

I support this application for Cheshire Jets Camp 2011.

Parents Signature: ..... Date: .....

PLEASE INDICATE BY TICKING APPROPRIATE BOX FOR REVERSIBLE VEST SIZE

**JUNIOR**  ONE SIZE

**SENIOR**  S (34")  M (38")  
 L (40")  XL (44")

**EARLY BIRD DISCOUNT**  
Pay your deposit before 31st March and receive a discount of £15 off each place booked.



# SUMMER RESIDENTIAL BASKETBALL CAMP

SUNDAY 24TH JULY TO FRIDAY 29TH JULY 2011

**TOP PRIZE**  
ALL EXPENSES PAID TRIP TO THE  
5 STAR CAMP IN PITTSBURGH USA



## INTRODUCTION

Cheshire Jets are one of the biggest basketball clubs in the UK and run the following programmes:

- A highly successful team in the British Basketball League, winning 7 trophies since 2001 and challenging for honours in 2010/11.
- A major junior national league programme with England internationals and national championship winning teams.
- Participation basketball across the North West with over 8,000 participants in 2010/11.
- The fourth largest club in England with over 600 registered members.
- Many non basketball programmes run through Jets Foundation, our registered charity, including Disability Jets, Power Forward-a programme for long term unemployed, Dunk The Junk-a programme which re-engages young people who are within the criminal justice system and many more.

This is the 25th year of The Jets Summer Camp with an average of over 200 campers attending each camp over the last 5 years making it amongst the biggest and best camps in Europe. The camp will once again be held at Whitby High School, Ellesmere Port.

## REGULAR CAMP

For campers 11 years and older

## BIG MAN CAMP

Normally the minimum age is 14 and minimum height 6'4". The camp concentrates on the special skills needed for playing close to the basket-usually the tallest players.

*The above camps are either residential or non-residential.*

## JUNIOR PLUS CAMP

For 7-10 year olds with some basketball experience at school or club level. *Non residential.*

**Regular Camp, Big Man Camp and Junior Plus Camp are from Sunday 24th July at 14:00 and then daily (09:00-21:00) until Friday 29th July (finishing at 14:00).**

## JUNIOR CAMP

For 7-10 year olds who are beginners with little or no basketball experience. *Non residential.*

**Junior camp runs from Monday 25th July (daily from 09:00-16:00) until Friday 29th July (finishing at 14:00).**

## CAMP STRUCTURE

7:30 - 8:00	Wake up
8:15 - 8:50	Breakfast
9:00 - 9:20	Stretching, flexibility and ball handling
9:20 - 12:00	Stations; defence, ball handling, offense, dribbling, core stability, shooting, rebounding / boxing out
12:15 - 13:30	Lunch
13:30 - 16:00	Afternoon games
16:15 - 17:00	Lecture
17:15 - 18:00	Dinner
18:00 - 18:30	Team practice
18:30 - 21:30	Evening games
21:30 - 22:00	Showers
22:00 - 22:30	In rooms
22:30	Lights out

## THE CAMP OFFERS

- An individual assessment highlighting strengths and areas for improvement
- Championship team in each division; juniors, intermediate and seniors
- 3 on 3 champions
- 1 on 1 champions
- Free throw competition
- Divisional Awards: Best Defensive, Best Hustler, Most Improved and MVP
- All star game for each division
- Slam dunk competition

## CAMP VALUES

**Safety** - A full risk assessment is carried out and a number of suitably qualified first aiders are always in attendance.

**Commitment** - Success is 1% inspiration, 99% perspiration.

**Equality** - Each and every camper is treated with equal respect no matter what their playing standard or age. There are no superstars on The Cheshire Jets camp.

**Food** - As much as you can eat. Healthy food is available every mealtime to allow you to give your best on court.

**Value for Money** - Our prices speak for themselves.

**Be the best you can be** - We will provide the environment and coaching for you to be the best you can be - the rest is up to you.

## COACHES

The Cheshire Jets professional coaches and players have set the coaching framework for the week and will be coaching throughout the camp. Many other coaches are former internationals and camp MVP's on the camp, some over 20 years ago! Others are senior coaches within England's regional and national programmes and current American College coaches.

## PRIZES

- The Camp MVP wins an all expenses paid trip to the 5 star camp in Pittsburgh USA. An outstanding experience for any basketball player and a prize money can't buy.
- Each player receives a free Cheshire Jets reversible vest worth £25.
- In addition there are numerous great prizes for each division.

## DON'T WORRY

- About your lack of skill - we will teach you
- About being young - we will look after
- About not knowing anyone - you will make friends
- About arriving by train or bus - we offer a free feeder service from Chester to the camp
- Just bring a great attitude and you'll have a great time and become a better player

## FIND OUT MORE

Visit us at Facebook and go to page 'Cheshire Jets Summer Camp' for lots of photos or [www.jetsbasketball.org.uk](http://www.jetsbasketball.org.uk) and click on the Summer Camp page for more details.

## WHAT DO PREVIOUS CAMPERS SAY ABOUT THE CAMP:

'As always it was a really intense week with lots of great coaching and top level games, for many years the camp has helped me to play at the highest level I can.'

**Josh McGinn age 17 Camp MVP 2010 Manchester Magic and England U18s.**

'The camp was really hard work but great fun, I made some good friends and my basketball improved so much.' **Sam Wilson age 11**

'My basketball game improved so much in the week, the coaches took time to help me develop lots of skills I hadn't previously got, I now feel ready for the national league season ahead.' **Simon Jones age 14**

